

**MISSOURI DEPARTMENT OF MENTAL HEALTH
COMPREHENSIVE PSYCHIATRIC SERVICES
STATE ADVISORY COUNCIL
MEETING MINUTES
January 26, 2006
Jefferson City, Missouri**

Members Present: Erica Stephens, Donna Lay, Linda Clarke, John Harper, Helen Minth, Mariann Atwell, Karia Basta, Robert Qualls, Julie Ousley, Betty Taylor, Sarah Stanton, Joanne Fulton, Ruth Brandon, Suzanne Taggart, Vivian Russell, Geody Fraizer, Karren Jones, LuAnn Reese, Susan Pijut (via teleconference)

Members Absent: Anna Maria Bellatin, Bobbie Meinershagen, Ethel Wesson, Janet Munsterman

Visitors: Kristen Heitkamp, Mary Lou Bussabarger, Rachel Lasley

DMH Staff: Dora Cole, Susan Blume, Mark Miller, Brooke Dawson

SAC Staff: Rosie Anderson-Harper, Cindy Proctor

TOPIC/ISSUE	DISUSSION	ACTION/PENDING Responsible Due Date
CALL TO ORDER	Donna Lay called the meeting of the Missouri Department of Mental Health (DMH), Division of Comprehensive Psychiatric Services, State Advisory Council (SAC) to order at 10:00 a.m. on Thursday, January 26, 2006. The meeting was held at the DMH, Conference Room B, 1706 East Elm Street, Jefferson City.	
INTRODUCTIONS	Welcome and introductions were facilitated by Donna Lay. Rosie Anderson-Harper went over the contents of the SAC packet.	

<p>MENTAL HEALTH AWARENESS DAY</p>	<p>Kristen Heitkamp, Project Life, discussed the upcoming 17th Annual Mental Health Awareness Day (MHAD) event. MHAD will be held on Wednesday, April 5, 2006, at the Capitol. Reservations have been made for the Third Floor Senate Side of the Capitol Rotunda, the State Capitol South Steps, and the Capitol South Lawn. The Consumer Conference will be held that morning at the Truman Building. After the educational sessions, lunch will be served on the Capitol South Lawn.</p> <p>Project Life is working on confirming the entertainment during lunch. Following lunch, attendees can proceed to the Third Floor Senate Side of the Capitol Rotunda to view the exhibits and displays and to visit with legislators if they choose.</p> <p>The SAC committee discussed a theme for MHAD. Geody Frazier suggested, <i>“Transforming the Landscape of Mental Health”</i>. This theme was unanimously approved and accepted by committee vote. Project Life is providing the publications for MHAD.</p> <p>Kristen’s email address is heitkamp@missouri.edu if members have questions or recommendations for the event.</p>	
<p>MENTAL HEALTH COMMISSION UPDATE</p>	<p>Rosie Anderson-Harper attended the Missouri Mental Health Commission (MMHC) meeting on January 12, 2006. She updated the SAC and distributed handouts from the meeting. Rosie plans to attend future MMHC meetings.</p> <p>The Governor has recommended the funding that DMH requested for the Fiscal Year 2007 budget. The budget has to go through the legislative process for approval. There is also a Fiscal Year 2006 Supplemental Budget request under consideration. A budget handout for both was distributed.</p> <p>Dorn Schuffman reported to the MMHC on “integrity” a DMH value. The Network of Care website is moving forward. Dan Ross, Office of Administration, is leading this charge. DMH is funding this through our Medicaid Administrative billing. There will be two websites, one for CPS and ADA, and one that is going to be</p>	

	<p>separate for MRDD. The MRDD site will be linked to a family support website that is already in existence for MRDD. The timetable is mid- to late spring. You will be notified when this is implemented.</p> <p>Mr. Schuffman reported to the MMHC regarding Targeted Case Management. There are Medicaid changes on the federal level that could affect Missouri's ability to bill targeted case management. Some of the proposals would limit the services. DMH is currently waiting for interpretations of the changes to federal statutes clarifying the limitations.</p> <p>First Steps is being re-bid. Discussions are taking place with successful bidders and the Department of Elementary and Secondary Education. A consortium of Senate Bill 40 Boards and a major provider in the Central Region are discussing First Steps.</p> <p>Mr. Schuffman reported to the MMHC on "stewardship" as an important value for DMH. Mr. Schuffman has met with the Director of Office of Administration Personnel to discuss recruitment of medical staff, specifically psychiatric and nursing staff. Recruiting and maintaining psychiatrists and qualified nursing staff is a problem throughout the State, especially in rural areas. DMH has asked for more flexibility in obtaining competitive salaries and more flexibility in the merit system to address this issue.</p> <p>There is a 4% wage increase budget proposal for employees of the state. It has been recommended that nursing staff receive an additional 4.5% rate increase. This may help in keeping qualified nursing staff.</p> <p>Mr. Schuffman stated to the MMHC the importance of "DMH Leadership as the State Mental Health Authority." He reported there is a standing committee of the house and senate to oversee the Medicaid Reform Commission recommendations. A handout with an overview and recommendations was distributed.</p>	
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<p>BLOCK GRANT OVERVIEW</p>	<p>Mr. Schuffman reported to the MMHC on the Mental Health Transformation Grant. The Substance Abuse and Mental Health Services Administration will be choosing two more states for transformation grants based on the highest scores from the previous application process. No reapplication process is required.</p> <p>The Kansas City Health Care Foundation is meeting January 13th. Kathryn Powell, Director of Center for Mental Health Services, will speak in Kansas City at the Crown Center and Mr. Schuffman will be presenting on the Suicide Prevention grant.</p> <p>Diane McFarland reported to the MMHC that Marsha Perry has been appointed Chief Operating Officer of Hawthorn Children's Hospital and Judy Finnegan was appointed the position as Area Children's Director.</p> <p>Metropolitan Psychiatric Center (MPC) certification visit discovered noncompliance with nurse staffing requirements. A plan of correction was submitted to CMS and MPC is waiting on a response. MPC has reduced the number of beds to 96 in order to comply with the staffing requirements and is tracking weekly.</p> <p>Western Missouri Medical Center had previously cut 25 beds as DMH was unable to staff them. Currently, DMH is negotiating with Truman Medical Center to leasing this space. They would operate the space separately and provide their own staffing.</p> <p>Ms. McFarland gave an overview presentation of the Mil Tax Boards in Missouri to the MMHC. The handout was distributed to SAC members.</p> <p>DMH has not received the official notification from SAMSHA regarding approval of the Block Grant modifications. Kathy Harmon, a consultant from Kansas, met with the administration in CPS and discussed the importance of evidence-based practice. The federal government is moving towards evidence-based practices. The federal government wants to see that each state has at least one evidence-based practice being implemented. SAMHSA has six evidence-based practices</p>	<p>Since the January meeting, DMH has been informed that there will be no new transformation grants awarded.</p>
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<p>DIRECTOR'S REPORT (Dora Cole reported for Diane McFarland)</p>	<p>that have been approved for adults.</p> <p>SAMHSA's website: www.samhsa.gov lists their approved evidence-based practices.</p> <p>DMH reported on adult and children's performance indicators for evidence-based practice in the Block Grant. SAMHSA wants to see DMH decrease the length of stay in the hospital and assure that there are community services for the consumers to keep them out of inpatient units.</p> <p>The federal government is moving states towards Olmstead least restrictive environment requirements. The goal is to have fewer inpatient days and lower readmission rates by providing community services for our consumers. DMH wants to keep consumers in the community rather than readmit them into the hospital.</p> <p>Kathleen Crowley is presenting workshops around the State on Procovery and is providing support for Procovery Circles. The most critical issue is finding the support for facilitators. We want every Procovery Circle to follow the same pattern. Our goal is to capture qualitative data that focuses on the stories of what happens to someone after attending a Procovery Circle. Procovery training will be moving to the Kansas City area in the Spring. DMH will be using PATH dollars to support Procovery implementation. Kansas City Procovery training will focus on the homeless population.</p> <p>Assisted Living Association is an association for the Residential Care Providers that meets quarterly with DMH. Vivian Russell is a consumer representative for the Association. Transitional Living is for individuals that have been in long term inpatient forensic care. DMH is looking into ways for individuals to step-down in the community for least restrictive care.</p> <p>The Supported Community Living focus is how many slots each Administrative Agent has for their housing, ways we can modernize how we do things, how we</p>	
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<p>BUSINESS MEETING</p>	<p>can do it more efficiently, how we can receive more services, and how we can improve services for our consumers.</p> <p>For the Anti-Stigma Public Education Campaign, DMH is partnering with the Federation of Advocates as they have dollars for this issue. The Missouri Institute of Mental Health will be helping in the process. Through a public opinion poll we will be able to research public attitudes regarding mental illness. Poll results will guide a targeted education campaign.</p> <p><u>Approval of Minutes</u></p> <p>The November 2005 SAC meeting minutes were unanimously approved and accepted by committee vote.</p> <p>The December 2005 SAC meeting minutes, as amended, were unanimously approved by committee vote. The amended minutes will be included in February's SAC packet.</p> <p><u>Consumer Conference Committee Report</u></p> <p>The Consumer Conference Committee is chaired by Geody Frazier.</p> <p>The Consumer Conference is scheduled for April 5th as part of Mental Health Awareness Day at the Truman Building. It was proposed that there be an initial gathering and registration in the auditorium. Geody wants to conduct the orientation and introductions. Announcements will be furnished by Project Life. The committee is expecting approximately 600 to 700 people. Gift bags distributed at registration were discussed. The following six speakers have volunteered to present at the conference:</p> <ul style="list-style-type: none"> ❖ Karren Jones and Vivian Russell –Procovery ❖ Karia Basta – Housing 	<p>The Consumer Conference Committee will meet at noon on February 23, 2006.</p>
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- ❖ Erica Stephens – Legal Advocacy
- ❖ Donna Lay and Susan Pijut – Family Panel

Everyone will be responsible for clean-up after the event.

Member Reports

Sarah Stanton - Senator Kennedy's office is requesting letters regarding personal experiences due to lack of parity in mental health treatment. The National Association of Mental Health's address and sample letters are enclosed in the SAC packet.

Erica Stephens – Erica handed out the Protection and Advocacy newsletter.

LuAnn Reese – LuAnn has been visiting all local System of Care sites throughout the state. She is trying to get a clearer picture of how they are operating, what kind of technical assistance the state team can bring down to the local level, and what improvements can be made to work more effectively with families.

Robert Qualls – Robert's plan and goal is to open a healing farm in the Springfield area. Robert would appreciate any thoughts or suggestions to help him get started.

Geody Frazier – Geody is working on the Library Project with Mark Miller.

Linda Clarke – Linda and her daughter are serving on the Comprehensive Children's Mental Health Services System Stakeholders' Advisory Group.

Susan Pijut – Susan is promoting the DVD titled, "The Enemy Within", a half-hour film on destructive teen behavior. Susan and her family play a small role in it. The DVD is being distributed through the schools in other states. She sends "kudos" to Division of Vocational Rehabilitation staff for the services they have provided to her daughter.

	<p><u>New Business</u></p> <p>Rosie discussed the CPS SAC Bylaws. The chairperson and vice-chairperson serve a two year term. Nominations occur in November and elections in January, except in cases of extraordinary circumstances. On November 2006, we will nominate a new chairperson and vice-chairperson and they will start in January 2007.</p> <p>CPS SAC members serve a three year term. SAC currently has a vacancy for a provider representative in the southeast region of the state</p>	<p>The next SAC meeting will be held on February 23, 2006, at DMH, we will discuss updates on Community Support Assistants and information regarding Mil Tax Boards.</p>
ADJOURN	The full council meeting adjourned at 2:00 p.m.	